



Kathy K. O'Connell, M.D.

SONOHYSTEROGRAM Instruction Sheet

Please plan to be at the office for approximately 45 minutes to one hour. The procedure will take approximately 10 minutes, however there are consents for you to read and sign.

1. Please arrive to your appointment time 15 minutes early.
2. You will be asked to collect a urine specimen for a pregnancy test, unless you are in menopause.
3. When you arrive at the office and check-in you will be given consents to review, **but please do not sign them until you are instructed to do so.**
4. If you start your period please call the office to reschedule your appointment.
5. You may have mild cramping and spotting and watery vaginal discharge after the procedure.



11842 Rock Landing Drive, Suite 115 • Newport News, Virginia 23606
757-595-9905 • 757-595-5377 Fax

" the joy of the Lord is your strength " — Nehemiah 8:10 